

## **PATANJALI YOGA CENTRE**

India is a country with rich heritage of ancient knowledge of Yoga, Ayurveda, Pranayama and Naturopathy. This Yoga Centre is named after the exponent of the Yoga, Sri. Maharshi Patanjali. The objective of this Centre is to create awareness among students about health, Fitness through conduct of activities related to Yoga and Pranayama. India has made a great name across the globe for its ancient knowledge of Yoga which has been widely acknowledged, accepted and practiced. The declaration of International Yoga Day on 21<sup>st</sup> June by W.H.O. has endorsed it by world community. The Yoga Centre keeps inviting Yoga experts and conducts Camps and arranges lectures to create awareness about the importance of Yoga among students. These activities are conducted during NSS. Special Camps. This Yoga Centre is coordinated by Dr. Jagadevi C. Gudda, Department of Electronics.