

Yoga Center

The objective of Yoga Centre is to create awareness among students about health and fitness through conduct of activities related to Yoga. India has made a great name across the globe for its ancient knowledge of Yoga which has been widely acknowledged, accepted and practiced. The declaration of International Yoga Day on 21st June 2015 by W.H.O. has endorsed it by world community. The Yoga Centre keeps inviting Yoga experts and conducts Camps and arranges lectures for students. These activities are conducted during NSS special camp. Every year International Yoga day is celebrated enthusiastically by faculty and students.



